

# Supplementary Material – Survey design

#### 1 Personal information

- Club
- Job Title
  - Sports-medicine staff member
  - o Sports-science staff members
- Experience (years)
  - In football
  - In current club

#### 2 Types of data collected and collection purposes (multiple-choice grid)

- Question
  - Please select the objectives and interventions for which you analyse player data using the following variables. You can select more than one variable per objective and intervention.
- Variables
  - External load (e.g. global navigation satellite system, local position measurement system, accelerometer)
  - o Internal load (e.g. heart rate, lactate, rating of perceived exertion)
  - o Training outcome (e.g. injury, fitness, neuromuscular fatigue, well-being)
- Objectives and interventions
  - Training planning
    - General planning (micro-, meso- and macrocycle)
    - Specific planning (passing drill, small-sided games, running drill)
    - Individual adjustment (overuse, detraining, underperformance)
    - Individual adjustment (physical development)
  - o Performance assessment (team level)
    - Determination (evolution) team performance
    - Determination (evolution) player performance
    - Comparison performance between players
  - o Game management
    - Selection starters, non-starters and reserves
    - Planning substitution strategy during the game
  - Rehabilitation
    - Planning return to sport process
    - Determination return to group training during rehabilitation
    - Determination return to competition during rehabilitation
  - Youth development
    - Physical preparation youth players for professional football demands

### 3 Applied analysis methods (Likert scale)

- Question
  - Please answer to the following statements
- Statements
  - Do you use
    - Training models (e.g. acute-chronic workload ratio, fitness-fatigue model, monotony)
    - Statistics (e.g. Z-scores, analysis of variance, magnitude-based inferences)
    - Machine learning techniques
    - Different types of indicators to make accurate interpretations

- Player characteristics data to individualise the analysis
- Standardised small-sided games
- Real time-monitoring

## 4 Staff involvement (multiple choice grid)

- Question
  - O Please select which role staff members/organisations have in the analysis process. You can select more than one role per staff member/organisation.
- Roles
  - Not present
  - o No role
  - Data collection
  - o Data analysis
  - Data reporting
  - o Data discussion
  - Data application
- Staff members/organisations
  - Coaching department
    - Head coach
    - Assistant coach
    - Goalkeeper coach
  - o Sports-science department
    - Fitness or S&C coach
    - Performance manager
    - Sport scientist
  - o Sports-medicine department
    - Physiotherapist
    - Medical manager
    - Club doctor
  - External staff members
    - University researchers
    - Internship students
    - Athlete management company
    - Self-employed scientific consultant