

### Supplementary Table 1

Overall median number of steps and time spent in different intensities of PA for PWH

<b>Variable</b>	<b>Median</b>	<b>IQR (Q1 to Q3)</b>
<b>Steps (number/day)</b>	9079	5164 to 13393
<b>LPA (min/day)</b>	213	153 to 291
<b>MPA (min/day)</b>	20	5 to 44
<b>VPA (min/day)</b>	17	2 to 40
<b>MVPA (min/day)</b>	40	11 to 85
<b>Total PA (min/day)</b>	271	184 to 374

Abbreviations: IQR = interquartile range, LPA =Light intensity Physical Activity, MPA = Moderate intensity Physical Activity, min = minutes, MVPA = Moderate and Vigorous intensity Physical Activity, PA = Physical Activity, VPA = Vigorous intensity Physical Activity.