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Publisher Correction: Comparison of finger flexor resistance training, with and without blood flow restriction, on perceptual and physiological responses in advanced climbers

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Correction to: *Scientific Reports* <https://doi.org/10.1038/s41598-023-30499-x>, published online 25 February 2023

The original version of this Article contained an error in the order of the Figures. Figures 1 and 2 were published as Figures 2 and 1. As a result, the Figure legends were incorrect.

The original Figures 1 and 2 and accompanying legends appear below.

The original Article has been corrected.

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Sessions

<p>High (no BFR) 3 sets to failure at 75% of MVC Repetition: 7/3 seconds (work/rest) Between set rest: 3 minutes</p>	<p>Low (no BFR) 3 sets to failure at 40% of MVC Repetition: 7/3 seconds (work/rest) Between set rest: 45 seconds</p>	<p>Low+BFR 3 sets to failure at 40% of MVC Repetition: 7/3 seconds (work/rest) Between set rest: 45 seconds</p>
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Measurements

- Exercise volume
- Rating of perceived exertion
- Rating of perceived discomfort
- Session pleasure/displeasure
- Exercise enjoyment
- Oxygen saturation
- Lactate concentration

Figure 1. Accumulated training volume (kg × sec) in set 1, set 1 + 2, and set 1 + 2 + 3 in the three sessions Low, Low + BFR, and High. Data presented as mean and standard deviation. **p* < 0.05, #*p* < 0.01.

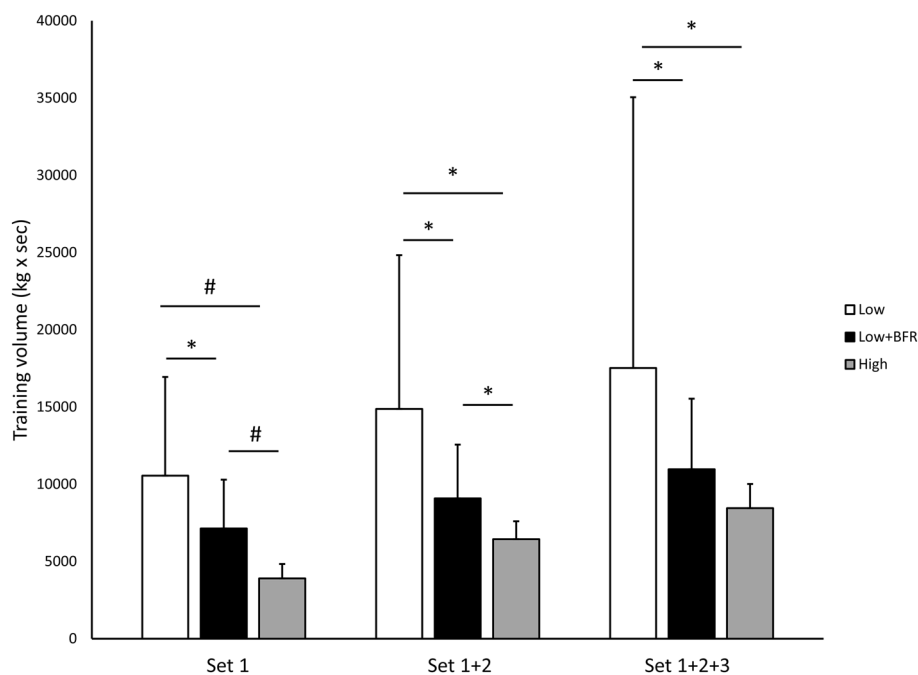



Figure 2. Overview of the study design and finger flexor training apparatus.

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